

PSHE/SMSC – CURRICULUM INTENT

ASPIRE – CHALLENGE – ACHIEVE

Personal, Social, Health and Economic Education (PSHE) and Social, Moral, Spiritual and Cultural (SMSC) education is a subject through which students develop the knowledge, cultural capital, skills and attributes they need to keep themselves healthy and safe. The aim is to prepare students for life and work in modern Britain. Our students grow up in a complex and ever changing world and are exposed to an increasing range of influences. The PSHE/SMSC education helps students to develop the knowledge, life skills and attributes they need to manage many of the critical opportunities, challenges and responsibilities they will face as they grow up and in adulthood.

PSHE/SMSC are central to the Trust’s ethos. As a Trust we are dedicated to supporting students in their development and underpinning learning in the classroom, school and the wider community. As a Trust we encourage students to think about personal and social values, to become aware of and involved in the life and concerns of their community and society so as to develop their capacity to be active, effective and responsible future citizens that interact through mutual respect. We want to develop the qualities students need to thrive as individuals, family members and well respected members of society.

Through PSHE/SMSC we want to equip students with the knowledge, understanding, life skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. We want to encourage them to be enterprising and support them in making effective transitions, positive learning, career choices, and in achieving economic wellbeing and discuss and clarify their own values and attitudes. These opportunities come from the material learnt in lessons, extended with a range of approved visitors that come into school on our PSHE days and visit places of different faiths to enhance their cultural awareness.

One of our key aims as a Trust is that PSHE/SMSC education contributes to personal development through positive mental and physical wellbeing. We aim to help students to build their confidence, resilience and self-esteem, to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help students to form and maintain good and healthy relationships, develop the essential skills for future employability and better enjoy and manage their lives. An effective PSHE/SMSC programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged students.

PSHE/SMSC – CURRICULUM MAP

Key = Matching colours denote links between topics either in content or skills across Key Stages

7	Transitioning into secondary school	Staying Safe	Physical Health	Diversity	Environmental issues	Careers	Current Affairs		
8	Staying Safe	Mental Health and Wellbeing	Human Rights	Being Healthy	World Issues	Careers	Current Affairs		
9+ 10	Substance Abuse	Ethical Debates	Spirituality	Careers	Self Image	Relationships	Healthy Body, Healthy Mind	Politics	Current Affairs
9+ 10	E-Safety	Financial Management	Careers	Inspirational Stories	Diversity, radicalisation and Equality	RSE (Relationships and Sex Education)	British Values	Life Saving Skills	Current Affairs
11	Mental Wellbeing	Revision Techniques	Intervention	Intervention	Intervention	Intervention	GCSE Exams		

PSHE Days themes

	Day One	Day Two	Day Three
7	<p>Careers</p> <p>Parliament Structure</p> <p>Financial Management</p> <p>Road Safety Awareness</p> <p>Oral Health/hygiene</p>	<p>Peterborough Mosque and Cathedral Trip</p>	<p>Diversity Day</p>
8	<p>First Aid</p> <p>Road Safety Awareness</p> <p>Skin Cancer Risk and Preventions</p> <p>Financial Management</p> <p>The importance of vaccinations and immunisations</p>	<p>Multi- Agency Day covering: Fire Safety, Internet Safety, Alcohol Awareness, Anti-Social Behaviour and Healthy Relationships</p>	<p>Careers Day</p>
9	<p>RSE (Relationships and Sex Education)</p> <p>Consent</p> <p>Contraceptives</p> <p>STIS</p> <p>Relationships</p> <p>Decisions in relationships</p>	<p>Prison Me No Way</p>	<p>Careers</p> <p>Holocaust Presentation</p> <p>Hate Awareness Workshop</p>
10	<p>Careers Day</p>	<p>Radicalisation</p> <p>Knife Crime</p> <p>Basic First Aid</p> <p>Major Injury First Aid</p> <p>CPR and DEFIB</p> <p>Drug Awareness</p>	<p>Teenage Cancer Trust</p> <p>Teenage Pregnancy</p> <p>Gambling Addiction</p> <p>Financial Management</p> <p>Sexting and Revenge Porn</p>
11	<p>Mental Wellbeing Workshop</p> <p>Relationship and Sex Education workshop about consent</p> <p>Intervention</p>	<p>Mental Wellbeing Workshop</p> <p>Relationship and Sex Education workshop about Contraceptives</p> <p>Intervention</p>	<p>GCSE Exams</p>

+ Year 11 4 separate PSHE visitors throughout the year

11	RSE workshop about risky behaviour	Drug Awareness	Alcohol Awareness	Young Passenger Awareness
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